

# Restaurant Eldora - A1 MOVE

| Monday, 05. May                                                                                                                                                                                                                                             | Tuesday, 06. May                                                                                                                                                                                                                                                | Wednesday, 07. May                                                                                                                                                                                                                                                                                                            | Thursday, 08. May                                                                                                                                                                                                                     | Friday, 09. May                                                                                                                                                                                                                                      |
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| <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                                              | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                                                  | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                                                                                                                | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                        | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                                       |
| <b>PART CHF 1.50 / EXT CHF 3.30</b>                                                                                                                                                                                                                         | <b>PART CHF 1.50 / EXT CHF 3.30</b>                                                                                                                                                                                                                             | <b>PART CHF 1.50 / EXT CHF 3.30</b>                                                                                                                                                                                                                                                                                           | <b>PART CHF 1.50 / EXT CHF 3.30</b>                                                                                                                                                                                                   | <b>PART CHF 1.50 / EXT CHF 3.30</b>                                                                                                                                                                                                                  |
|                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                 | <b>DAILY MENU 1</b> <br>Summer Bowl<br>with millet, confit<br>cherry tomatoes,<br>cucumber, zucchini<br>with mint, marinated<br>lettuce spinach,<br>roasted chickpeas and<br>oriental spicy sauce<br>with dukkah<br><i>approx 544.8 cal.</i> |                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                 | <b>PART CHF 6.00 / EXT CHF 16.80</b>                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                      |
| <b>DAILY MENU 2</b><br>Chicken stew with<br>asparagus and creamy<br>white wine sauce<br>Pappardelle<br><br><i>approx 582.2 cal. /<br/>           Chicken: Switzerland</i>                                                                                   | <b>DAILY MENU 2</b><br>Country ham<br>Mustard<br>Potato salad<br>Cherry tomato confit<br><br><i>approx 660.4 cal. /<br/>           Ham (pork):<br/>           Switzerland</i>                                                                                   | <b>DAILY MENU 2</b><br>Vaudois pork cordon<br>bleu with paprika-<br>spiced raclette cheese<br>French fries<br>Ketchup<br>Lemon slice<br><i>approx 909.5 cal. /<br/>           Cordon bleu (pork):<br/>           Switzerland</i>                                                                                              | <b>DAILY MENU 2</b><br>Chicken thigh steak<br>Lemongrass sauce<br>Curry rice<br>Roasted broccoli<br><br><i>approx 792.9 cal. /<br/>           Chicken: Switzerland</i>                                                                | <b>DAILY MENU 2</b><br>Chilli con carne<br>Spicy beef with beans,<br>corn and bell peppers<br>Long grain rice<br>Sour cream and<br>nachos<br><i>approx 761.0 cal. /<br/>           Beef: Switzerland</i>                                             |
| <b>PART CHF 8.50 / EXT CHF 17.50</b>                                                                                                                                                                                                                        | <b>PART CHF 8.50 / EXT CHF 17.50</b>                                                                                                                                                                                                                            | <b>PART CHF 8.50 / EXT CHF 17.50</b>                                                                                                                                                                                                                                                                                          | <b>PART CHF 8.50 / EXT CHF 17.50</b>                                                                                                                                                                                                  | <b>PART CHF 8.50 / EXT CHF 17.50</b>                                                                                                                                                                                                                 |
| <b>VEG BUFFET</b> <br>Rösti rolls with cream<br>cheese and mushroom<br>filling<br>Mashed peas<br>Fennel au gratin<br>Oven-baked tomatoes<br><br><i>approx 539.3 cal.</i> | <b>VEG BUFFET</b> <br>Palak Paneer<br>Indian cheese and<br>spinach stew<br>Lentil dal, naan bread<br>Cucumber raita,<br>coriander and chilli<br><br><i>approx 949.0 cal.</i> | <b>VEG BUFFET</b> <br>Mushroom Stroganoff<br>Paprika sauce with<br>mushrooms and<br>gherkins<br>Spätzli<br>Steamed beetroot<br><br><i>approx 624.6 cal.</i>                                                                                | <b>VEG BUFFET</b> <br>Milanese white<br>asparagus<br>with grated cheese<br>and fried egg<br>Roasted new potatoes<br><br><i>approx 430.1 cal.</i> | <b>VEG BUFFET</b> <br>Breaded quorn<br>schnitzel<br>Avocado and tomato<br>dip<br>Diced potatoes with<br>Cajun spices<br>Glazed corn<br><i>approx 811.9 cal.</i> |
| <b>pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50</b>                                                                                                                                                                                                          | <b>pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50</b>                                                                                                                                                                                                              | <b>pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50</b>                                                                                                                                                                                                                                                                            | <b>pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50</b>                                                                                                                                                                                    | <b>pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50</b>                                                                                                                                                                                                   |
| <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                                                   | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                                                       | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                                                                                                                     | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                             | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                                            |
| <b>pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80</b>                                                                                                                                                                                                          | <b>pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80</b>                                                                                                                                                                                                              | <b>pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80</b>                                                                                                                                                                                                                                                                            | <b>pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80</b>                                                                                                                                                                                    | <b>pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80</b>                                                                                                                                                                                                   |
| <b>FRESH MARKET</b><br>Daily fresh raw<br>vegetable and green<br>salads with various<br>toppings and dressings                                                                                                                                              | <b>FRESH MARKET</b><br>Daily fresh raw<br>vegetable and green<br>salads with various<br>toppings and dressings                                                                                                                                                  | <b>FRESH MARKET</b><br>Daily fresh raw<br>vegetable and green<br>salads with various<br>toppings and dressings                                                                                                                                                                                                                | <b>FRESH MARKET</b><br>Daily fresh raw<br>vegetable and green<br>salads with various<br>toppings and dressings                                                                                                                        | <b>FRESH MARKET</b><br>Daily fresh raw<br>vegetable and green<br>salads with various<br>toppings and dressings                                                                                                                                       |
| <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90</b>                                                                                                                                                                                                          | <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90</b>                                                                                                                                                                                                              | <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90</b>                                                                                                                                                                                                                                                                            | <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90</b>                                                                                                                                                                                    | <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90</b>                                                                                                                                                                                                   |
| <b>DESSERT</b> <br>Doughnut<br><br><i>approx 263.3 cal. /</i>                                                                                                            | <b>DESSERT</b> <br>Plum cake<br><br><i>approx 154.0 cal. /</i>                                                                                                               | <b>DESSERT</b> <br>Lemon and quark<br>crème<br><i>approx 232.6 cal.</i>                                                                                                                                                                    | <b>DESSERT</b> <br>Mango lassi<br><br><i>approx 120.4 cal.</i>                                                                                   | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                                                 |

Doughnut: Germany

Cake: Switzerland

| PART CHF 1.50 / EXT CHF 3.30                                                                                                                          | PART CHF 1.50 / EXT CHF 3.30                                                                                                                                         | PART CHF 1.50 / EXT CHF 3.30 | PART CHF 1.50 / EXT CHF 3.30                                                                                                                                                                                                                                    | PART CHF 1.50 / EXT CHF 3.30                                                                                                                 |
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| <b>DAILY SPECIAL</b><br>Fried dorade fillet<br>Green sauce<br>Black rice<br>Ratatouille and herb salad<br><i>approx 634.4 cal. / Gilthead: Turkey</i> | <b>DAILY SPECIAL</b><br>Mongolian Udon<br>Noodles<br>with beef, onions, carrots, courgettes, garlic and oyster sauce<br><i>approx 543.4 cal. / Beef: Switzerland</i> |                              | <b>DAILY SPECIAL</b> <br>Steamed char fillet<br>Tomato and chilli salsa<br>Bulgur wheat with green lentils<br>Fennel and carrots<br><i>approx 422.2 cal. / Char: Iceland</i> | <b>DAILY SPECIAL</b><br>Strozzapreti ai gamberoni<br>with cream sauce, prawns, peas and herbs<br><i>approx 702.1 cal. / Shrimps: Vietnam</i> |
| PART CHF 9.50 / EXT CHF 21.50                                                                                                                         | PART CHF 9.50 / EXT CHF 21.50                                                                                                                                        |                              | PART CHF 9.50 / EXT CHF 21.50                                                                                                                                                                                                                                   | PART CHF 9.50 / EXT CHF 21.50                                                                                                                |

Daily Menu 1, Daily Menu 2, Daily Special, Veg Buffet und Hot Buffet: Suppe, Menusalat, Dessert, 1dl Fruchtsaft oder eine Frucht sind im Menüpreis inbegriffen. Suppen und Desserts können sich gegebenenfalls ändern.

**Öffnungszeiten:** Montag - Freitag: 11.30 - 13.45 Uhr

Alle Preise in CHF, inkl. MwSt. / PART = Partnerfirmen, EXT = Externe Gäste