


# Restaurant Eldora - A1 MOVE

| Monday, 06. December  | Tuesday, 07. December   | Wednesday, 08. December   | Thursday, 09. December  | Friday, 10. December   |
|---|---|---|---|--|
| <b>SOUP</b>  <br>Soup of the day  | <b>SOUP</b>  <br>Soup of the day  | <b>SOUP</b>  <br>Soup of the day                                    | <b>SOUP</b>  <br>Soup of the day  | <b>SOUP</b>  <br>Soup of the day   |
| <b>PART CHF 1.50 / EXT CHF 3.30</b>   |   | <b>PART CHF 1.50 / EXT CHF 3.30</b>   |   | <b>PART CHF 1.50 / EXT CHF 3.30</b>  |
|   |   |   | <b>DAILY SPECIAL</b> <br>Beef flank steak<br>Herbal butter<br>French fries<br>Tomato au gratin<br><i>approx 951.8 cal. / Beef: Switzerland</i>                           | <b>DAILY SPECIAL</b> <br>Fried halibut fillet<br>Lemon Cream Sauce<br>Harissa Mint CousCous<br>Steamed peas<br><i>approx 726.6 cal. / Halibut: Northwest Atlantic</i> |
|   |   |   | <b>PART CHF 9.50 / EXT CHF 20.80</b>  | <b>PART CHF 9.50 / EXT CHF 20.80</b>   |
| <b>DAILY MENU 1</b>  <br>Katsu curry with sesame panko tofu, spring onion and coriander<br>Basmati rice<br>Fried pak choi<br><i>approx 929.9 cal.</i> | <b>DAILY MENU 1</b>  <br>Vegan wholegrain burrito with organic seitan mince, beans, rice, vegetables guacamole, and soya yoghurt<br>Nachos<br><i>approx 1056.8 cal.</i> | <b>DAILY MENU 1</b> <br>Vegetable ravioli<br>Herb sauce<br>Fried potatoes<br>Fried onions<br>Glazed two-coloured carrots<br><i>approx 552.2 cal.</i> | <b>DAILY MENU 1</b> <br>Pumpkin frittata with feta cheese and thyme<br>Baked Mediterranean vegetables<br>Garlic baguette<br><i>approx 809.9 cal.</i>                     |  |
| <b>PART CHF 6.00 / EXT CHF 15.80</b>  |   | <b>PART CHF 6.00 / EXT CHF 15.80</b>  |   | <b>PART CHF 6.00 / EXT CHF 15.80</b>   |
| <b>DAILY MENU 2</b> <br>Pork pepper skewer<br>Tzatziki<br>Oven sweet potatoes<br>Fried yellow bell peppers<br><i>approx 577.7 cal. / Pork: Switzerland</i>   | <b>DAILY MENU 2</b> <br>Trofie con polpette al sugo with tomato sauce, veal meatballs, onions and basil<br><i>approx 798.5 cal. / Veal: Switzerland</i>  | <b>DAILY MENU 2</b><br>Phat kaphrao kai<br>Thai chicken slices with basil<br>Egg fried rice<br><i>approx 573.1 cal. / Chicken: Switzerland</i>  | <b>DAILY MENU 2</b><br>Spaghetti with 4 different sauces to choose from Bolognese, putanesca, chees cream sauce, pesto and Grana Padano<br><i>approx 688.7 cal. / Beef: Switzerland</i>   |  |
| <b>PART CHF 8.50 / EXT CHF 16.50</b>  |   | <b>PART CHF 8.50 / EXT CHF 16.50</b>  |   | <b>PART CHF 8.50 / EXT CHF 16.50</b>   |
| <b>FRESH MARKET</b><br>Daily fresh take away salads vegetarian or with meat/fish to choose from<br><i>approx 459.6 cal.</i>   |   | <b>FRESH MARKET</b><br>Daily fresh take away salads vegetarian or with meat/fish to choose from<br><i>approx 459.6 cal.</i>   |   | <b>FRESH MARKET</b><br>Daily fresh take away salads vegetarian or with meat/fish to choose from<br><i>approx 459.6 cal.</i>  |
| <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.60</b>  |   | <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.60</b>  |   | <b>pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.60</b>   |
| <b>DESSERT</b>  <br>Chocolate Flan<br><i>approx 172.6 cal.</i>  | <b>DESSERT</b> <br>Apple tart<br><i>approx 413.9 cal.</i>  | <b>DESSERT</b><br>Mulled wine cream with speculoo crumble<br><i>approx 286.4 cal.</i>   | <b>DESSERT</b>  <br>Panna cotta with wild mango sauce<br><i>approx 330.5 cal.</i> | <b>DESSERT</b>  <br>Stracciatella cream<br><i>approx 119.4 cal.</i>            |
| <b>PART CHF 1.50 / EXT CHF 3.30</b>   |   | <b>PART CHF 1.50 / EXT CHF 3.30</b>   |   | <b>PART CHF 1.50 / EXT CHF 3.30</b>  |

Daily Menu 1, Daily Menu 2, Daily Special, Veg Buffet und Hot Buffet: Suppe, Menusalat, Dessert, 1dl Fruchtsaft oder eine Frucht sind im Menüpreis inbegriffen. Suppen und Desserts können sich gegebenenfalls ändern.

**Öffnungszeiten:** Montag - Freitag: 11.30 - 13.45 Uhr

Alle Preise in CHF, inkl. MwSt. / PART = Partnerfirmen, EXT = Externe Gäste