

# Restaurant Eldora - A1 MOVE

| Monday, 24. March                                                                                                                                                                                                             | Tuesday, 25. March                                                                                                                                                                                                                                                                            | Wednesday, 26. March                                                                                                                                                                                                                 | Thursday, 27. March                                                                                                                                                                                                                        | Friday, 28. March                                                                                                                                                                                                    |
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| <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                                                                                | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                       | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                                             | <b>SOUP</b><br>Soup of the day                                                                                                                                                                                       |
| PART CHF 1.50 / EXT CHF 3.30                                                                                                                                                                                                  | PART CHF 1.50 / EXT CHF 3.30                                                                                                                                                                                                                                                                  | PART CHF 1.50 / EXT CHF 3.30                                                                                                                                                                                                         | PART CHF 1.50 / EXT CHF 3.30                                                                                                                                                                                                               | PART CHF 1.50 / EXT CHF 3.30                                                                                                                                                                                         |
| <b>DAILY MENU 1</b><br>G'hackets & Hörnli<br>Minced beef<br>Elbow macaroni<br>Apple sauce and<br>grated cheese<br><i>approx 772.9 cal. /<br/>           Beef: Switzerland</i>                                                 |                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                      |
| PART CHF 6.00 / EXT CHF 16.80                                                                                                                                                                                                 |                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                            |                                                                                                                                                                                                                      |
| <b>DAILY MENU 2</b><br><br>Fleischkäse (Swiss meatloaf) with wild garlic<br>Vegetable and red wine sauce<br>Farfalle<br>Glazed kohlrabi<br><i>approx 741.4 cal. /<br/>           Swiss meatloaf (veal, porc): Switzerland</i> | <b>DAILY MENU 2</b> <br>Backpackers: Africa<br>Chakalaka & Putu Pap<br>South African vegetable stew with baked beans and root vegetables<br>Maize porridge<br>Pickled vegetables<br><i>approx 649.8 cal.</i> | <b>DAILY MENU 2</b><br>Backpackers: Africa<br>Jollof Rice<br>Senegalese Tomato Rice<br>Fried Sea Bream Fillet<br>Colorful Spring Salad with Carrot and Cabbage<br><i>approx 643.6 cal. /<br/>           Gilthead: Turkey</i>         | <b>DAILY MENU 2</b><br><br>Pork pepper steak<br>Creamy porcini mushroom sauce<br>Wild garlic spaetzle<br>Yellow beans<br><br><i>approx 897.4 cal. /<br/>           Pork: Switzerland</i>                                                   | <b>DAILY MENU 2</b><br><br>Spaghetti all'amatriciana<br>Tomato sauce with bacon, bell peppers, onions and parsley<br>Grated cheese<br><br><i>approx 789.0 cal. /<br/>           Bacon (pork): Switzerland</i>        |
| PART CHF 8.50 / EXT CHF 17.50                                                                                                                                                                                                 | PART CHF 8.50 / EXT CHF 17.50                                                                                                                                                                                                                                                                 | PART CHF 8.50 / EXT CHF 17.50                                                                                                                                                                                                        | PART CHF 8.50 / EXT CHF 17.50                                                                                                                                                                                                              | PART CHF 8.50 / EXT CHF 17.50                                                                                                                                                                                        |
| <b>VEG BUFFET</b> <br>Vegetable strudel<br>Bell pepper coulis<br>Fried potatoes with rocket<br><br><i>approx 529.0 cal.</i>                | <b>VEG BUFFET</b> <br>Agnolotti filled with wild garlic and ricotta, tomato sauce, spring vegetables and grated cheese<br><br><i>approx 532.5 cal.</i>                                                     | <b>VEG BUFFET</b> <br>Mushroom Stroganoff<br>Paprika sauce with mushrooms and gherkins<br>Spätzli<br>Steamed beetroot<br><i>approx 626.4 cal.</i> | <b>VEG BUFFET</b> <br>Falafel patty<br>Soy dip with mint<br>Lime couscous<br>Courgettes with dried tomatoes and pine nuts<br><i>approx 740.4 cal.</i> | <b>VEG BUFFET</b> <br>Rösti fritters<br>Wild mushroom ragout<br>Oven-baked vegetables<br>Watercress<br><i>approx 475.0 cal.</i> |
| pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50                                                                                                                                                                                   | pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50                                                                                                                                                                                                                                                   | pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50                                                                                                                                                                                          | pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50                                                                                                                                                                                                | pro 100 Gramm: PART CHF 1.50 / EXT CHF 3.50                                                                                                                                                                          |
| <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                     | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                                                                                     | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                            | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                                                  | <b>HOT BUFFET</b><br>Daily changing offer                                                                                                                                                                            |
| pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80                                                                                                                                                                                   | pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80                                                                                                                                                                                                                                                   | pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80                                                                                                                                                                                          | pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80                                                                                                                                                                                                | pro 100 Gramm: PART CHF 1.70 / EXT CHF 3.80                                                                                                                                                                          |
| <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                         | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                                                                         | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                                      | <b>FRESH MARKET</b><br>Daily fresh raw vegetable and green salads with various toppings and dressings                                                                                                                |
| pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90                                                                                                                                                                                   | pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90                                                                                                                                                                                                                                                   | pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90                                                                                                                                                                                          | pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90                                                                                                                                                                                                | pro 100 Gramm: PART CHF 1.00 / EXT CHF 2.90                                                                                                                                                                          |
| <b>DESSERT</b> <br>Raspberry mousse<br><br><i>approx 93.8 cal.</i>                                                                         | <b>DESSERT</b> <br>Backpackers: Africa<br>Peanut cake<br><br><i>approx 802.8 cal.</i>                                                                                                                      | <b>DESSERT</b> <br>Backpackers: Africa<br>Thiacry<br>Senegalese millet pudding<br><i>approx 200.6 cal.</i>                                        | <b>DESSERT</b> <br>Backpackers: Africa<br>Ouma se Melkert<br>South African milk tart<br><br><i>approx 450.6 cal.</i>                                  | <b>DESSERT</b><br>Dessert of the day                                                                                                                                                                                 |

| PART CHF 1.50 / EXT CHF 3.30                                                   | PART CHF 1.50 / EXT CHF 3.30                              | PART CHF 1.50 / EXT CHF 3.30 | PART CHF 1.50 / EXT CHF 3.30                                                                             | PART CHF 1.50 / EXT CHF 3.30                                                              |
|--------------------------------------------------------------------------------|-----------------------------------------------------------|------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| <b>DAILY SPECIAL</b>                                                           | <b>DAILY SPECIAL</b>                                      |                              | <b>DAILY SPECIAL</b><br>Backpackers: Africa                                                              | <b>DAILY SPECIAL</b>                                                                      |
| Duck breast<br>Hoisin sauce<br>Jasmine rice<br>Asian vegetables with mushrooms | Viennese chicken schnitzel<br>Cranberries<br>Potato salad |                              | Kuku wa Ukwaju<br>Swahili Poulet Stew<br>Tamarind Pineapple Sauce<br>Okra with Tomatoes<br>Chapati Bread | Fried Norwegian cod fillet<br>Honey-mustard sauce<br>Mixed wild rice<br>Fennel with herbs |
| <i>approx 996.1 cal. /<br/>Duck: France</i>                                    | <i>approx 809.5 cal. /<br/>Chicken: Switzerland</i>       |                              | <i>approx 960.0 cal. /<br/>Chicken: Switzerland,<br/>Bread: Singapore</i>                                | <i>approx 642.4 cal. /<br/>Skrei (cod): Northeast Atlantic</i>                            |
| PART CHF 9.50 / EXT CHF 21.50                                                  | PART CHF 9.50 / EXT CHF 21.50                             |                              | PART CHF 9.50 / EXT CHF 21.50                                                                            | PART CHF 9.50 / EXT CHF 21.50                                                             |

Daily Menu 1, Daily Menu 2, Daily Special, Veg Buffet und Hot Buffet: Suppe, Menusalat, Dessert, 1dl Fruchtsaft oder eine Frucht sind im Menüpreis inbegriffen. Suppen und Desserts können sich gegebenenfalls ändern.

**Öffnungszeiten:** Montag - Freitag: 11.30 - 13.45 Uhr

Alle Preise in CHF, inkl. MwSt. / PART = Partnerfirmen, EXT = Externe Gäste